

1 NO POVERTY



Poverty can feel remote – like something that exists in other countries. But it's everywhere. In Sweden there are many children who live in financially unstable families. There are even kids who don't have a home. It's important that we do what we can to eradicate poverty. More people with better financial stability means more educated, well-fed, and happy people. People who are full of possibilities.

You can help by donating things you don't use and introducing rules about giving homemade presents or experiences as party gifts. Then everyone can join in.



Illustration: Silvy Strand

THE CHALLENGE: Smart Gifts

Agree with your friends that you won't buy each other new things as gifts this year. Instead, the presents can be something you made yourself, something you bought at a flea market, or doing something fun together.

Something you can make:

Bath Bomb

- $\frac{3}{4}$ dl bicarbonate of soda
- $\frac{1}{2}$ dl citric acid
- $\frac{1}{2}$ tsp cooking oil, such as canola oil or olive oil
- A couple of muffin moulds

- Mix everything carefully with a fork and mash up any lumps. The mixture should become a grainy paste.
- Pour the paste into the muffin moulds and press down on it quite firmly with the back of a spoon.
- Allow the muffin moulds to stand and dry for a few days. It's best to let the bath bombs dry for a whole week.
- The recipe is enough for 1-2 paper muffin moulds. If you want to make many small bath bombs, you can make them in ice chocolate moulds.



Examples of activity gifts:

- Sleeping outside on a warm summer night
- Picnic
- Toboggan race
- Give the gift of a cosy afternoon tea where you serve something you baked yourself

Look for at flea markets:

- Toys
- Jewellery
- Stuffed animals
- Books
- Crafting materials

IN COLLABORATION WITH

Tom Tits Experiment